

Message Reflection Guide

Dress the Part | Colossians 3:1-17



Conversation Starter

Think back to a time when you had to change outfits for a totally different environment—maybe from work to workout, or from formal to casual. Did the change of clothes affect your mindset or behavior?

Read Colossians 3:1-17

The invitation

Paul says, “Christ who is your life.” What does it mean for Christ to be our life—not just part of it?

What does it look like to “engage and yield” to the Holy Spirit in your everyday life?

Take off...

Paul lists sins like sexual immorality, greed, and idolatry. Why do you think these are so destructive to our spiritual lives and relationships?

Which “old self” habits do you find are hardest to take off??

Put on...

How does Paul’s description of a new culture (compassion, kindness, forgiveness, etc) contrast with today’s society and culture?

Why is unity across race, gender, age, and status so central to the kingdom of God?

Challenge: Change Your Wardrobe

This week, as you get spiritually dressed each morning, ask:

- What do I need to take off today?
- What do I need help putting on?

Prayer

Father, thank You for inviting us into a new life through Your Son. Jesus, thank You for showing us what it means to live with compassion, humility, and love. Holy Spirit, help us take off the old and put on the new. Renew our minds, reshape our hearts, and empower us to live as Your chosen people. In Jesus’s name, Amen.